

◆Exam Period◆ Friday, November 1, 2024 ~ Thursday, February 27, 2025

E-Da Hospital:

- (1) November and December: Up to three (3) appointments are accepted in the morning and three (3) in the afternoon on Monday through Friday.
- (2) January and February: Up to ten (10) appointments are accepted in the morning and five (5) in the afternoon on Monday through Friday.

E-Da Dachang Hospital: January and February: Up to four (4) appointments are accepted in the morning on Monday through Friday.

◆Expected Arrival Time◆ Please arrive between 7:30 a.m. ~ 8:00 a.m. if you have a morning appointment.

Please arrive at 12:30 noon ~ 1:00 p.m. if you have an afternoon appointment.

(Please arrive at the Health Examination Center on time to avoid any delay in the physical exam.)

◆Location◆ E-Da Hospital: Zone B of Health Examination Center on the 6<sup>th</sup> floor / E-Da Dachang Hospital: Health Examination Center on the 7<sup>th</sup> floor.

◆Examinees◆ Please refer to the attachment to the inter-unit notification for the list of examinees.

◆Physical Exam Costs◆

1. Full-time faculty and staff members (including project faculty members):
  - (1) Package I: NT\$7,500 per person, and the University will bear the full cost.
  - (2) Package II: NT\$11,500 per person; the University and the hospitals will bear part of the cost (NT\$8,500 per person), and the difference (NT\$3,000 per person) should be paid by examinees.
2. Contract staff: The University will bear part of the cost (NT\$3,000 per person), and the difference should be paid by examinees.
  - (1) Package I: NT\$4,500 per person.
  - (2) Package II: NT\$8,000 per person.
3. First-level administrative heads:
  - (1) Package I: The University will bear the full cost and provide an additional subsidy of NT\$4,000 for first-level administrative heads to add one of the optional items to the Package.
  - (2) Package II: NT\$11,500 per person, and the University will bear the full cost.
4. If your family members want to undergo a physical exam during the said period,

the physical exam cost is as follows:

(1) Package I: NT\$7,500 per person.

(2) Package II: NT\$11,000 per person.

5. The balance after deducting the subsidy from the University should be paid to E-Da Hospital or E-Da Dachang Hospital by credit card or in cash on the day of physical exam.
6. The subsidy granted by the University will be listed as personal income for the fiscal year of 2025.

◆Notices◆

1. Please have a bland diet for at least three days before the day of physical exam. Animals' internal organs, red meat (e.g., beef, pork, and duck), and food made from animal blood (e.g., duck's blood jelly and pig's blood jelly) should be avoided.
2. If you have a morning appointment, please DO NOT take in any food or fluids, or anything by mouth after midnight.
3. If you have an afternoon appointment, please DO NOT take in any food or fluids, or anything by mouth after 7:30 a.m.
4. Please collect your stool sample (about the size of a peanut) one day prior to the physical exam. The container with the stool should be stored in a place that is dry, cool, and dark, or in a refrigerator. Please remember to bring the container to the Health Examination Center on the day of physical exam.
5. Female examinees are strongly advised to undergo the physical exam three to seven days after the period.
6. If you have been taking medications for chronic diseases for a long time, please take them as usual, and remember to bring them to the Health Examination Center on the day of physical exam.
7. Please DO NOT wear contact lenses on the day of physical exam to avoid any effects on the eye test results.
8. Please remember to bring (1) the container with the stool and (2) your national ID card on the day of physical exam.
9. Please park your car in the pay parking lot. You will enjoy free parking by having the machine-dispensed parking ticket validated by the Health Examination Center.
10. If you go to E-Da Hospital by motorcycle, please park in the underground pay parking lot of E-Da Cancer Hospital. You can get a refund by having the machine-dispensed parking ticket validated by the Health Examination Center.
11. You are eligible to choose one of the additional physical exam items free of charge if bringing a physical exam outfit previously given by the Health Examination Center (including a top and

trousers) on the day of physical exam. The additional physical exam items will be announced on the day of physical exam and please choose one.

12. If you choose Package II, please make a morning appointment due to the longer time for the physical exam.
13. Please apply for half a day of official leave online for Package I and Package II. If you have added an optional item(s) and need to spend an entire day on the physical exam, one day of official leave may be granted after the Office confirms with the hospitals.
14. On the day of physical exam, examinees have to fill out the Physical and Mental Health Questionnaire of the Family Medicine Department and a laborer questionnaire, which will be collected by the hospitals and filed for the University's reference.

#### ◆Physical Exam Items◆

1. Package I and Package II
2. Optional physical exam items at your own expense at E-Da Hospital
3. Optional physical exam items at your own expense at E-Da Dachang Hospital

◆Making an Appointment◆ Please make your appointment starting Monday, October 14, 2024, 3 pm.

\*\* If you have any further questions or concerns, please feel free to contact Ms. Tsai (ext. 2049) of the Office of Human Resources. \*\*

健診預約/查詢

Appointment / Inquire