

I-SHOU UNIVERSITY

Notices about Annual Health Examination

- I. Examination Period: December 1, 2017 (Friday) ~ March 30, 2018 (Friday).
E-Da Hospital: A maximum of eighteen (18) and ten (10) appointments are accepted in the morning and afternoon, respectively, on Monday through Friday.
E-Da Dachang Hospital: A maximum of six (6) appointments are accepted in the morning on Monday through Friday.
- II. Expected Arrival Time: Please arrive at 7:30~8:00 a.m. if you have a morning appointment. Please arrive at 1:00~1:30 p.m. if you have an afternoon appointment.
(Please arrive at the Health Examination Center on time to avoid any delay in taking the health examination.)
- III. Location:
E-Da Hospital: Zone B of Health Examination Center on the 6th floor
E-Da Dachang Hospital: Health Examination Center on the 7th floor
- IV. Examinees: Please refer to the attachment to the inter-unit notification for the examinee list.
- V. Health Examination Costs:
 1. Males: NT\$7,448 per person; Females: NT\$7,340 per person.
 2. ISU will bear the full cost for full-time faculty and staff members (including military training instructors, project faculty, and preceptors of the Dept. of Nursing).
 3. As for contract staff, ISU will bear part of the cost (NT\$3,000 per examinee), and the rest should be paid by contract staff (NT\$4,448 for males and NT\$4,340 for females).
 4. First-level administrative heads may add one of the twelve optional health examination items to the package. ISU will bear part of the cost (NT\$4,000 per person), and the rest should be paid by first-level administrative heads. Please refer to the attachment for more details on optional health examination items.
 5. If family members of faculty and staff members as well as contract staff want to take a health examination in Academic Year 2017, they should pay the health examination cost in full as specified above. If they want to take any of the twelve optional health examination items, the cost should be subject to the preferential pricing set out by E-Da Hospital.
 6. The difference in the cost after deducting the subsidies provided by ISU should be paid to E-Da Hospital by credit card or in cash on the day of examination.
 7. The subsidies provided by ISU will be listed as personal income for the fiscal year of 2018.
- VI. Notices:
 1. Please have a bland diet prior to the day of examination (for at least three days). Animals' internal organs, red meat (e.g. beef, pork, duck), and food made from animal blood (e.g.

duck's blood jelly, pig's blood jelly) should be avoided.

2. If you have a morning appointment, please do not take in any food or fluids, or anything by mouth after midnight.
3. If you have an afternoon appointment, please do not take in any food or fluids, or anything by mouth after 7:30 a.m.
4. Please collect your stool sample (about the size of a peanut) one day prior to the examination. The sample should be stored in a place that is dry, cool and dark, or in a refrigerator. Please remember to bring the sample to the Health Examination Center on the day of examination.
5. Female examinees should take the health examination three to seven days after the period.
6. If you have been taking medications for chronic diseases for a long time, please do not stop them, and remember to bring them to the Health Examination Center on the day of examination.
7. Please do not wear contact lenses on the day of examination to avoid any effects on the eye test results.
8. Please remember to bring (1) the stool sample container and (2) your national ID card on the day of examination.
9. Please park your car in the pay parking lot. You will enjoy free parking by having the machine-dispensed parking ticket validated by the Health Examination Center.
10. If you go to E-Da Hospital by a motorcycle, please park in the underground pay parking lot of E-Da Cancer Hospital. You can get a refund by having the machine-dispensed parking ticket validated by the Health Examination Center.
11. Examinees may have one of the four optional health examination items free of charge if bringing an examination outfit previously given by the Health Examination Center (including a top and a trouser) on the day of examination. The optional health examination items will be announced on the day of examination and please select one.

VII. Options for Health Examination:

1. Health examination for faculty and staff members
2. Optional health examination items at your own expense at E-Da Hospital
3. Optional health examination items at your own expense at E-Da Dachang Hospital

VIII. Making an Appointment: Please make an appointment from 12:00 noon on November 15, 2017 (Wednesday) to 12:00 midnight on November 27, 2017 (Monday).

** If you have any further questions or concerns, please feel free to contact:

Ms. Chiao-Wen Lin (ext. 2050)

Office of Human Resources